

## 2023 Activities Schedule

		West Hall	East Hall	East Room	Notes
<b>MONDAY</b>					
Weekly	French Class (in School Term)			12:30p-2:00p	From: 30/7 To: 31/12
	Art Classes		1:00p-3:00p		From: 30/1 To: 18/12
	Band Practice			7:00p-9:00p	From: 9/1 To: 18/12
	Philosophy Meeting	7:00p-9:00p			From: 1/8 To: 4/12
Monthly	Downer Community Association Public Meeting (EH 1st Mon)		7:30p-10:00p		From: 7/1 To: 28/12
Single Days	United Church Service	1:00p-4:30p 7:00p-9:00p			West Hall: 25/9 West Hall: 23/9
<b>TUESDAY</b>					
Weekly	Social Group Meeting			11:30a-1:30p 2:30p-4:30p	From: 10/1 To: 31/12
	Staff Meeting (in School Term)	2:45p-5:15p			From: 31/1 To: 12/12
	Social Group Meeting			6:00p-9:00p	From: 14/7 To: 31/12
	Martial Arts		6:30p-8:30p		From: 17/1 To: 31/12
	Philosophy Meeting	7:00p-8:00p			From: 14/7 To: 4/12
Monthly	Flower Club Meeting (EH 2nd Tue)		9:30a-12:30p		From: 7/2 To: 12/12
	Monthly Knitter's Guild Meeting & Workshop (WH 4th Tue)	9:30a-12:30p			From: 24/1 To: 28/11
	Drawing on paper (EH 1st, WH 2nd, EH 3rd, EH 4th, EH 5th Tue)	10:00a-12:00p	10:00a-12:00p 10:00a-12:00p 10:00a-12:00p 10:00a-12:00p		From: 3/1 To: 19/12
<b>WEDNESDAY</b>					
Weekly	Women's Craft Group (in School Term)	9:30a-12:30p	9:00a-12:30p		From: 1/1 To: 13/12
<b>THURSDAY</b>					
Weekly	Yoga Class (in School Term)	6:00p-7:30p			From: 2/2 To: 14/12
Monthly	Martial Arts (EH 1st, EH 3rd, EH 5th Thu)		6:30p-8:30p 6:30p-8:30p 6:30p-8:30p		From: 17/1 To: 31/12
	Floral Art Guild Meeting (EH 2nd Thu)		7:00p-9:00p		From: 9/2 To: 9/11
	Hatha Yoga Class (EH 4th Thu, in School Term)		7:15p-7:30p		From: 1/2 To: 17/12
<b>FRIDAY</b>					
Weekly	Mat Pilates (in School Term)	6:45a-7:45a			From: 3/2 To: 15/12
	Yoga Class (in School Term)	10:00a-11:30a			From: 3/3 To: 15/12
	Social Group Meeting			11:00a-2:00p	From: 10/1 To: 31/12
	Scooby-Doodles Art Club for children (in School Term)		4:00p-6:00p		From: 10/2 To: 31/12
Monthly	Meeting of the Society (EH 1st Fri)		7:30p-10:00p		From: 1/3 To: 1/12
<b>SATURDAY</b>					
Weekly	Fitness Training	7:00a-9:00a			From: 14/1 To: 30/12
	Violin Lessons			9:00a-5:00p	From: 28/1 To: 16/12
	Autism Specific Social Group (in School Term)	9:00a-10:30a			From: 1/1 To: 31/12
Monthly	Capoeira Dance/Music (WH 1st, EH 2nd, EH 3rd, EH 4th, EH 5th Sat)	12:00p-1:00p	12:00p-1:00p 12:00p-1:00p 12:00p-1:00p 12:00p-1:00p		From: 4/2 To: 16/12
	Sewing Group (EH 3rd Sat)		1:00p-5:00p		From: 18/2 To: 18/11
	United Church Service (WH 4th, WH 2nd Sat)	1:30p-5:00p 1:30p-5:00p			From: 7/1 To: 24/12
	Basket Making Craft Group (EH 2nd Sat)		2:00p-5:00p		From: 14/1 To: 11/11
	ASD Board Games (for people on the autism spectrum, family & friends) (EH 3rd Sat)		5:30p-8:30p		From: 18/2 To: 18/11
<b>SUNDAY</b>					

## 2023 Activities Schedule

		West Hall	East Hall	East Room	Notes
Weekly	MFM Sunday Service	9:00a-1:00p			From: 1/1 To: 31/12
	Dance	1:30p-2:30p			From: 8/1 To: 17/12
	Childrens Drama (in School Term)	2:30p-5:00p	2:30p-5:00p	2:30p-5:00p	From: 30/4 To: 17/9
	Zen Buddhist Meditation Practice			6:00p-7:30p	From: 8/1 To: 31/12
Monthly	Scrapbooking & Card making (EH 3rd Sun)		9:00a-4:30p		From: 19/2 To: 17/12
Single Days	Pine needle basketry workshop (irregular)			8:00a-2:00p	East Room: 24/9